How is the National **Kidney Foundation** of Illinois Making an **Impact?** 



In 2015, thousands of people in Illinois received resources in kidney disease prevention, education and empowerment the building blocks to improving kidney health.



### **Prevention**

1.1 million adults in Illinois are living with kidney disease. Early detection can prevent the progression of kidney disease to kidney failure.

#### KidneyMobile<sup>®</sup> Health Screenings

52 free screenings tested 3,321 people for kidney disease and its leading causes. 71% of those screened had at least one abnormal result, while 30% were immediately referred to a physician or health center.

## Education

Major risk factors for kidney disease include diabetes, high blood pressure, family history of kidney failure and being age 60 or older.

#### **Public Education**

53,022 people received education about the risks of kidney disease through educational events and online resources.

#### **Patient Education**

256 patients and caregivers attended educational seminars to learn how to manage their disease.

#### **Professional Education**

of

289 renal professionals participated in debates, networking events, workshops and continuing education, strengthening the field of nephrology.



# Empowerment

#### Walk for Kidneys

4,150 patients, family members and friends came together as a community for a health fair and threemile walk to show solidarity in the fight against kidney disease.

#### Research

**\$120,000** granted to a promising young investigator, empowered to find the link between kidney disease, phosphate levels and heart disease.

National Kidney

Foundation<sup>®</sup> | Illinois

Prevent • Educate • Empower

Learn more at www.nkfi.org (800) 9-kidney

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